

Bedtime Story For the Little Ones

"Uncle Wiggly and the Peppermint."
By HOWARD, E. GARIS.

A RAW, SORE THROAT

Eases Quickly When You Apply a Little Musterole

And MUSTEROLE won't blister like the old-fashioned mustard plaster. Just spread it on with your fingers. It penetrates to the sore spot with a gentle tingle, loosens the congestion and draws out all soreness and pain.

MUSTEROLE is a clean, white ointment made with oil of mustard. There's nothing like it for quick relief for sore throat, bronchitis, sinusitis, croup, stiff neck, asthma, neuritis, rheumatism, lameness, pain and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frostbite, colds on the chest (it often prevents pneumonia). Nothing like MUSTEROLE for croupy children.

At your drugstore, in 25c and 50c jars, and a special large hospital size for \$2.50.

Be sure you get the genuine MUSTEROLE. Refuse imitations—get what you ask for. The Musterole Company, Cleveland, Ohio.

CHILD GETS SICK
CROSS, FEVERISH
IF CONSTIPATED

"California Syrup of Figs" can't harm tender stomach or bowels.

A laxative today saves a sick child tomorrow. Children staidly will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation, sour, sour and fermenting waste will gently move out of the bowels, and you have a well-playful child again. A thorough "inside cleansing" is often the first treatment given in any sickness. Beware of counterfeit fig syrups. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Look carefully and see that it is made by the "California Fig Syrup Company."—Adv.



A man once walked a thousand miles "Quite wonderful," you say, And yet felt bathed in Cal-o-cide. Could RUN most all the way.

Cal-o-cide For Aching, Burning, and Sore Feet, Corns, Calluses, and Sore Blisters. It penetrates the pores and removes the cause. Results positively guaranteed. Get a box from any druggist. Remember the name.

Too Much Risk
Of Fire or Theft

It is not prudent or safe to leave your valuables in some insecure place about your home or office. You give them the best kind of protection by putting them in our Fire and Burglar Proof Vault where you can rent a Safe Deposit Box for a reasonable amount.

THE FIRST NATIONAL BANK
EL PASO, TEXAS

SUMMER TOURIST

ROUND TRIP RATES

Go On Sale

May 15th

Texas Pacific

Phone or write us for full information.
PHONE NO. 7.

BEAUTY CHATS

EDNA KENT FORBES

Yogi Breathing

SEVERAL CORRESPONDENTS have written me, asking me to tell them something about Yogi Breathing and Yogism, whether it is something worth learning or merely a form of quackery.



Follow the Eastern science as to how to breathe properly

The Yogi science of health and beauty is so good, that I think I must, from time to time, put into these beauty articles some of these Eastern teachings.

To begin with, for those who have but a vague idea of the subject, I must explain that the Hindu Yogi is a learned teacher and scientist, not to be confused with the various uneducated freaks who steal their

title—no more than a bootblack dare call himself "Professor" in the presence of a professor of Yale or Harvard, for instance.

The Hindu science, briefly, is that man's physical health and beauty comes with his breath—his life is drawn in with his first breath, he breathes out a last time, and soul and body are no longer one. His well-being depends on how—the manner in which—he draws breath.

The Yogi teaches several methods of breathing, all from the standpoint of pure health—and looks wonderfully good. There is a psychic side as well as a physical side; but for today we will consider only the physical side. They say we Western people breathe only in the lungs, filling them partially, but drawing up the abdomen against the diaphragm, thus straining delicate organs and making the voice harsh. Others of us breathe only midway in the body, still others breathe only down around the diaphragm. The Yogi method draws breath into all of these, as I will tell shortly in another article. If one can breathe as they do, it will develop the chest and bust to perfection, and make the shoulders straight and full.

Questions and Answers

Please give me a remedy for cracked finger ends near the nails. Everything I have tried only heals them for a time. They are very sore. Thanking you.—R. G. E.

Rep.—These finger cracks come from a very dry skin, and usually with peeling. Cometh from worn out night would get the skin softened so it would not crack. Rub glycerine and rose water, equal parts, into your hands after each time you take them out of water; also, wear gloves to protect the skin while doing the dirty and dry work, such as handling ashes, stove polish, etc. These things absorb all the natural oils from the skin.

Can freckles be bleached off? If so, please tell me how to do it.—Edna May.

Rep.—The lemon juice or buttermilk on them. These and cucumber lotions are the mild bleachers. If you need anything stronger, send a stamped, addressed envelope for it.

HOROSCOPE.

Monday, April 10, 1916.

THIS is an uncertain day, according to astrology. Early in the morning Jupiter and Mercury are adverse and later the Sun and Saturn are in evil place. Venus changes from good to bad influence.

It is a time of great peril to the happiness of women, who may suffer much from changeableness in those they love. Romance is not favorably directed. The signs are read as presaging a growth in mercenary spirit and an inclination on the part of women to seek men.

This is not a fortunate day for speculation of any sort. Losses in some standard stock are prognosticated and bankers may be exceedingly anxious. Again there is an ill omen read as indicating an assassination that will shock the country.

Newspapers should not expect much while this configuration prevails. It is held that the press may encounter severe personal criticism of candidates in the national election.

The aged should be exceedingly cautious today. Falls and other accidents are probable.

Danger from an excavation of some sort is foreshadowed. Those who work in mines should be cautious and all who dig under ground are likely to encounter unusual difficulties.

One of the worst prophecies a change in moral standards which may be both good and the reverse, since it will go far toward removing the iniquity of illegitimacy and establishing a single standard of morals in the sense that women have the same license as men.

The publication of an epoch-making book today is predicted.

Persons whose birthdate it is have rather a warning sign for the next few months. They should watch financial affairs and practice self-denial. Children born on this day may be inclined to be careless and inconstant. They should be trained to be truthful.

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SOUTHWESTERN SUES FOR

RENT ON CAR IN MEXICO

The El Paso & Southwestern has filed suit in the 45th district court against the Mexican National railway and Ferrocarriles Constitucionales de Mexico for \$187.44 for rent alleged to be due on cars and for repairs and inspection wages paid.

SCHOOL DAYS

YES, GENTLEMEN OF THE SCHOOL BOARD, I'VE DONE MY HOME STUDY TO THE CURRICULUM, SO THE PUNY BOY BE ABLE TO GET THE BIG 200 OF LIFE, TO KNOW A WHOP WHEN HE MEETS ONE, AND IF HE EVER DROPS THE BOMB, WELL, SHOW HIM TO SHUT HIM AND MAKE A BOMB OF HIS BOMB.

KIDDO, PLEASE QUIT SHOUTING. IF SHOUTS FOR BOMB, SHOUTS THE BOMB.

WONDERFUL SYSTEM.

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SCHOOL BOARD

LITTLE GIRL IS TO HAVE SHOW WITH THE JONESES TOGAWNE, PROVING THAT EVEN IN A JODGING TUGAWNE THERE IS SOME GOOD COMBINATION.

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The Daily Noveltie
THE DISCHARGE.

In acting for a movie show
You can get much more
And then in spare time you can go
To see yourself.

UNDER the blazing sun of an oriental July day the workmen were building the new famous tower of Babel. (See Tiltford Scott's "The Tower of Babel, Conditions Under Which.")

Leopold Boro, the eminent master builder, hurrying thither and yon mopping his forehead with a large plantation leaf (see Alice Mailings' "Biblical Substitutes for Handkerchiefs") came upon two workmen heated on a pile of masonry matching shingles.

"What's this?" yelled Boro. "Don't you know we're three days behind in the work as it is? You're fired, both of you! Here, take your pay and go!"

And he gave them each a week's wages and kicked them off the masonry and the premises. Then he

hunted up Maxim Gork, the foreman, to give him a place of his mind.

"But," cried Gork, "these men were only looking for a job."

"Gurk," cried Boro (see Lillian Tish's "Exploitives of the Ancients") and kicked himself violently in the shin.

RIO GRANDE, KANSAS AND ARIZONA STREETS TO BE PAVED

Work started Monday morning on the paving of Rio Grande and Kansas streets and a small strip on Arizona street, between Oregon and Mesa avenues.

The work was awarded by the city council to the El Paso Bitulithic company last week and the cost will be about \$50,000.

Rio Grande is to be paved from Newman street to Cotton avenue, a distance of nearly six blocks and the cost will be about \$12,000. Kansas street is to be paved from First to Eighth streets at a cost of about \$18,000.

Mexican rent collections, Lee Newman. —Adv.

Globe A-One Egg Mash

Guaranteed Analysis

Protein not less than 19.58%

Fat not less than 6.71%

Nitrogen-free extract not less than 50.34%

Crude fiber not more than 7.14%

Ask Your Grocer or Write to

GLOBE MILLS

EL PASO, TEXAS.

DARKEN GRAY

HAIR, LOOK YOUNG

Gray Hair Changed to an Even Dark Shade by Q-Ban. Harmless—No Dye.

You can easily turn your gray, lifeless, dry, faded or streaked with gray hair beautifully dark and lustrous if you'll apply a few times, Q-Ban Hair Color Restorer to hair and scalp like a shampoo. Q-Ban is a harmless, ready-to-use liquid, not sticky, and darkens all your gray hair so evenly that no one can tell it has been applied. Q-Ban is not a dye, but acts on the roots, makes hair and scalp healthy, naturally changing gray hair and entire head of hair to that soft, even, dark luster, fluffiness, beauty and abundance which makes the hair so fascinating and attractive, besides preventing dandruff, itching scalp and falling hair. Guaranteed to satisfy or money refunded. Only 50c for a big 7-oz. bottle at People's Drug Store and Kelly & Pollard, El Paso, Tex. Out-of-town folks supplied by parcel post.—Advertisement.

Only 50c for a big 7-oz. bottle at

People's Drug Store and Kelly & Pollard,

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by parcel post.—Advertisement.